



The Ububele Educational and Psychotherapy Trust

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Registered Trust (IT4688/00)

Non-profit Organisation (010-472NPO); Public Benefit Organisation (930002474)



Winner of the
Inyathelo Award for
Community Philanthropy
2007



Affiliate of the World
Association of Infant
Mental Health

Group Training will help you and your organisation

INVITATION TO REGISTER FOR 2015 WORKING WITH GROUPS COURSE

Learning about the psychology and emotional aspects of groups helps groups to fulfil their tasks and objectives. Training in group work is not easy to access in South Africa. It is an under-utilised and under-trained practice. Ububele's **Working With Groups Course** has been run for the past 10 years by an experienced faculty that developed the Group Analysis course for the South African context, based on the Institute for Group Analysis (IGA), London which recognises the course. Ububele sees this training as an important contribution to building capacity in the mental health field and other sites and is especially relevant in under-resourced communities.

For the past 10 years, Ububele has run transformative courses for people whose job entails being a group member or leader. The course is experiential, theoretical and practical. It is unique in that the course has seen South Africans from a variety of backgrounds, occupations and experiences engage with one another. Participants emerge with greater understanding, sensitivity, tolerance and insight into our complex national human landscape.

In addition to the curriculum, the 2015 course offers **specialist sessions** during each block for:

- Mental health workers, psychologists, psychiatrists, social workers, social auxiliary workers, psychiatric nurses and occupational therapists.
- Industrial and commercial personnel e.g. managers, team leaders and HR practitioners.
- Those working for Non-profit organisations and/or Community-based Organisations or Government institutions.
- Educators – primary, secondary, life orientation, coaches, Department Heads, Principals.
- Faith based leaders – lay and ordained.

Ububele's introductory course in experiential group work involves 6 Friday-Sunday block trainings per year. **2015 block dates: 13-15 Feb; 17-19 Apr; 5-7 June; 24-6 July; 18-20 Sept; 6-8 Nov.** After completing year 1, students have the option to attend year 2 and become fully trained and qualified in running support groups. 40 CPD points apply.

The course costs R8000 per year. There are limited applications for bursaries. We invite you to register **by 30 November 2014** for the **Working With Groups Course 2015**. Please complete the registration form (on our website) and send/email it to Jake Matlhong: jake@ububele.org or phone him for more information at Tel: (011) 786 5085.

Kind regards
Tony Hamburger
Executive Director

Training through Service, Service through Training

TRUSTEES

Prof. Chabani Manganyi; Mr Tony Hamburger; Mrs Bongzi Dhlomo-Mautloa;
Mrs Thabsile Levin; Mrs Tshidi Maseko; Ms Hannah Yilma

All donations are tax deductible